

Tea drinking as a solitary sport



Found: the perfect glass teapot for one.

Afternoons, when I'm writing, I like to have a pot of tea, preferably green tea or a tisane of herbs cut from my garden. Right now, I'm favoring lemon grass or lemon verbena with maybe a few mint leaves thrown into the mix. I love the way you can see the fresh lemon grass color of the tea through the glass. A spiral wire at the base of the spout filters out any bits of leaves.

Another plus: This little pot, unlike my everyday one, pours beautifully. It's a friendly, comforting presence northwest of my keyboard.

— S. Irene Virbila

Photo caption: Hario small glass teapot, \$21, at L.A. Mill Coffee Boutique, 1636 Silver Lake Blvd., Los Angeles; (323) 663-4441; www.lamillcoffee.com. Photo credit: S. Irene Virbila / Los Angeles Times